

## Join Us . . .

Join us for a half-day seminar introducing religious leaders to psychological strategies for dealing with sensitive, sexually-oriented subjects and conflicts in their congregants. As professionals with a Judeo-Christian ethic, we hope to aid leaders in triage counseling that facilitates their congregants' reconciliation to spouses, partners, self, and God.

## The Speakers



### Laurie Watson, LMFT, LPC ~ "No & Low Sex Marriages"

Laurie is the founder of Awakenings and has two decades of experience with a psychodynamic therapeutic approach. She is a certified sex therapist and is currently working on her first book for women with low libido – *I Never Want to Have Sex Again! - A Sex Therapist Talks to Women with Low Libido*.



### Meredith Pope, LPC, NCC ~ "Sexuality & Premarital Counseling"

Meredith works at Awakenings with individuals and couples. She works from a person-centered approach incorporating mindfulness perspectives and focuses on marital transitions, sexuality, and personal wellness. Meredith received a master's degree in Religion and has worked in church settings and various non-profit organizations.



### Rebecca Dnistran, LMFT, LPC ~ "Affairs"

For the past twenty years, Rebecca has been addressing topics on relationships, marital conflict, depression and anxiety, posttraumatic stress, and guiding the transition of change. She is a certified sex therapist, and her approach to therapy is biopsychosocial, utilizing cognitive/behavioral methodology, systems and collaborative approaches with her clients.



### Debbie Neel, PhD ~ "Unveiling God's Gift of Sexuality"

Dr. Neel is a licensed psychologist and certified sex therapist. She supervises other therapists and provides couple workshops along with training lay and professional leaders. She co-authored *A Celebration of Sex Guidebook* to assist couples with their journey of maintaining or reclaiming sexual wholeness and intimate companionship.



### Jeffrey Levy, LMFT ~ "Sexual Addiction & Pornography"

Jeff has been in private practice since 1987 as a Licensed Marriage and Family Therapist. He specializes in couples counseling and the treatment of sexual addiction on an individual and family level. His practice is located in Cary, NC; you can reach him at his website: [www.CouplesCounseling.com](http://www.CouplesCounseling.com)

**RSVP by Sept. 25, 2010**

Email Laurie Watson at [laurie@awakeningsctr.com](mailto:laurie@awakeningsctr.com)

Or leave a message at (919) 845-5400

**Tuesday, October 5<sup>th</sup>**  
**8:30am-1:00pm**  
**Homewood Suites**  
**5400 Homewood Bank**  
**Raleigh, NC 27612**

*This seminar is sponsored by Awakenings and is FREE for all invitees. Please invite others on your ministry team who may benefit including teachers/counselors. Breakfast and snacks provided.*